

Contact Information

Community Action of Skagit County  
330 Pacific Place, Mount Vernon, WA 98273  
Phone: (360) 416-7585  
Email: [crc@communityactionskagit.org](mailto:crc@communityactionskagit.org)

**Online Resource Directory**  
[www.skagitcrc.org](http://www.skagitcrc.org)

A searchable online database that contains copies of this booklet in English and Spanish as well as much more resource information.

Large Format Guides (8.5" x 11")—available upon request.

**Sponsorship**

To enquire about sponsoring this guide call us at (360) 416-7585.

Printed 9/26/2019



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Revised 09/24/19

A quick guide to community services published by Community Action of Skagit County with the help of dozens of organizations in Skagit County.



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For more information and resources call North Sound 2-1-1.



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**East County Veterans Service Officer.....**(360) 416-1733  
45770 Main Street, Concrete  
*Veterans Assistance Benefits, Disability Compensation and Pension Claims,  
Elderly & Disabled Veteran & Widow Programs and more.*

### Volunteerism

*See also Food Banks, Meal Programs and Shelters for agencies that have an ongoing need for volunteers.*

**Skagit Volunteer Center .....**(360) 416-7585  
Community Action of Skagit County  
330 Pacific Place, Mount Vernon [www.skagitvolunteercenter.org](http://www.skagitvolunteercenter.org)  
*Find a volunteer opportunity that best meets your schedule and interest.  
Includes VISTA and AmeriCorps opportunities.*

**Skagit Habitat for Humanity .....**(360) 428-9402  
1022 Riverside Drive, Mount Vernon  
*Builds safe, affordable, permanent houses with families in need.*

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**Veterans Resources**

**Dept of Veterans Affairs Information Line**.....1-800-827-1000  
*Access line for VA Benefits Regional Offices, Disability Compensation, Disability Pension Education, Medical Care and more.*

**Skagit Vets Connect**.....(360) 416-7585  
160 Cascade Pl, Burlington  
Mon-Fri, 9am-3pm

Help for veterans with basic needs, transportation, housing support, family supportive services, and applications for benefits.

**VA Community-Based Outpatient Clinic**.....(360) 848-8500  
307 S. 13th Street, Suite 200, Mount Vernon  
Must call Puget Sound Call Center to request an appointment.  
*Primary care, vision, mental health, social services, lab work, prescriptions.*

**VA Puget Sound Call Center** ..... 1-800-329-8387, Ext. 71234  
Days/Hours: Monday thru Friday, 8 am - 4 pm  
*Regional health care services. Emergency, urgent care, primary care, cancer treatment and more. See also Community Based Outpatient Clinic.*

**Veterans Crisis Line (24 hours)**.....1-800-273-8255  
*Connects Veterans and families in crisis and their families and friends with qualified responders through a confidential toll-free hotline.*

**Veterans Dental Van Program**.....(360) 416-7585  
*Provides mobile dental services for low-income veterans. Call for details.*

**Sedro-Woolley American Legion, Post 43**..... (360) 855-0520  
701 Murdock St, Sedro-Woolley  
*Veterans service office open: Monday - Friday from 9 am-3 pm. Please call the Service Office at (360)-855-2225 for an appointment or for information.*

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**Alcohol & Drug Counseling**

**Clinics & Treatment Programs**

**CCS Recovery Center** .....(360) 757-0131  
Substance Abuse Outpatient Services  
614 Peterson Rd, Burlington  
*Adult and youth assessments, group and individual sessions, Medication Assisted Treatment, Access to Recovery.*

**didg'wálic' Wellness Center** .....(360) 588-2800  
8212 S March Point Rd, Anacortes [www.swinomishwellnesscenter.com](http://www.swinomishwellnesscenter.com)  
*Outpatient treatment services, counseling, suboxone, vivitrol, methadone therapies; child care onsite.*

**Follman Agency** .....(360) 755-1125  
910 South Anacortes St, Burlington  
*Substance abuse and other addiction treatment, counseling.*

**Phoenix Recovery Services**.....(360) 848-8437  
1601 East College Way, Mount Vernon  
*Domestic Violence Perpetrator services, anger management, mental health, needle exchange, problem gambling treatment.*

**Recovery Care Coordination** .....(360) 428-1301  
Northwest Regional Council  
301 Valley Mall Way, Mount Vernon  
*Navigation services for people with substance abuse disorder.*

**Sea Mar Mount Vernon Behavioral Health Center** .....(360) 542-8920  
1010 East College Way, Mount Vernon  
*Drug and alcohol evaluations (English and Spanish), DUI assessments.*

**Skagit County Crisis Center (Pioneer Human Services)** .....(360) 757-7738  
201 Lila Lane, Burlington  
*16-bed crisis mental health stabilization and sub-acute detox programs.*

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**Skagit Recovery Center** .....(360) 428-7835  
 1905 Continental Place, Mount Vernon  
*Evaluations, intensive outpatient substance abuse treatment*

**Sunrise Behavioral Health Services (two locations)**  
*Outpatient substance use disorder assessment and treatment.*  
 2500 East College Way, Mount Vernon.....(360) 336-3762  
 44942 State Route 20, Concrete .....(360) 630-5430

**Swinomish Wellness Program**.....(360) 466-7273  
 17337 Reservation Road, La Conner  
*Assessments, group and individual sessions, Medication Assisted Treatment, help with problem gambling.*

**United Northwest Recovery Center** .....(360) 856-6300  
 605-B Sunset Park Drive, Sedro-Woolley

**Upper Skagit Chemical Dependency Program** .....(360) 854-7070  
 25959 Community Plaza Way, Sedro-Woolley

**Other Drug and Alcohol Addiction Help**

**Faith House & The Trust**.....(360) 848-9281  
*Recovery homes for men and women. Faith-based. 9-12 months stay, sliding scale, \$150 to 400 per month.*

**Washington Recovery Line**.....1-866-789-1511  
*24-Hour Help for Substance Abuse, Problem Gambling & Mental Health.*

**Parent Child Assistance Program (PCAP)** .....(360) 428-6622  
*Intervention and counseling program for pregnant or parenting women with substance abuse.*

**Recovery Support Groups**

- ⇒ **Alcoholics Anonymous** .....(360) 428-7155  
 Meeting schedule: [district4aa.weebly.com](http://district4aa.weebly.com)
- ⇒ **Cocaine Anonymous**.....(425) 244-1150  
 Meeting schedule: [www.caofwa.org/meetingschedule.htm](http://www.caofwa.org/meetingschedule.htm)
- ⇒ **Narcotics Anonymous** .....(818) 733-9999  
 Meeting schedule: [www.npsana.org/schedule.html](http://www.npsana.org/schedule.html)

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Utilities Assistance

**Assurance Wireless** .....1-888-898-4888  
[www.assurancewireless.com](http://www.assurancewireless.com)  
*Free mobile phone and 250 free minutes for people on public assistance.*

**Energy Assistance Program**.....(360) 428-1011  
 Community Action of Skagit County  
 330 Pacific Place, Mount Vernon  
*Assistance with utilities such as electric, gas, propane, and wood.*

**Safelink**.....1-800-723-3546  
[www.safelink.com](http://www.safelink.com)  
*Free mobile phone with 1,000 free minutes + unlimited texts .*

**Lifeline (Frontier Communications)** .....1-800-921-8101  
*Provides discounted landline phone service for low-income households.*

**WA Utilities and Transportation Commission** .....1-888-333-WUTC  
[www.utc.wa.gov/Pages/default.aspx](http://www.utc.wa.gov/Pages/default.aspx)  
*Assists with billing disputes, service complaints, disconnections, deposits for landline phone services.*

**Home Weatherization** .....(360) 757-6509  
 Housing Authority of Skagit County  
 1650 Port Drive, Burlington  
*Free energy audit consultation, insulation and home weatherization programs for low-income customers who own their homes.*

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Transportation

- Community Action of Skagit County** .....(360) 416-7585  
330 Pacific Place, Mount Vernon  
*Assistance with transportation when other resources have been exhausted.*
- Dial-a-Ride Transit (DART)**.....(360) 757-4433  
*For individuals with disabilities that prevent them from using regular transit.*
- Skagit Transit** .....(360) 757-4433  
www.skagittransit.org  
*Skagit’s public bus transportation system. Plan your trip using the trip planner feature—www.skagittransit.org/trip-planner*
- Medicaid Transportation Service** .....1-800-860-6812  
*Transportation to medical appointments for those with no other alternatives. For those on Apple Health or Medicaid. Certain restrictions apply.*

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Basic Needs (food, showers, clothing, household items, toiletries)

- Department of Social & Health Services (DSHS)** ..... 1-877-501-2233  
900 East College Way, Mount Vernon www.washingtonconnection.org  
*Cash assistance, food stamps, child support.*
- First Baptist Clothes Closet** ..... (360) 293-5300  
Anacortes First Baptist Church  
2717 J Ave, Anacortes Days/Hours: Thursdays, 3 pm-6 pm  
*Provides free clothes for those in need.*
- Friendship House (Clothing Bank, Showers, Laundry Service)** (360) 336-2418  
1008 S. Third Street, Mount Vernon  
*Clothing bank: Tuesdays and Thursdays 10:00 am - 3:00 pm*  
*Showers for women and children: Monday—Friday 11:30 am-1:00 pm*  
*Showers for men: Tuesdays, Thursdays, and Sundays 10:00 am-11:00 am*  
*Towels and toiletries are provided.*  
*Laundry service is 1-4 pm daily (behind Men’s house)*
- Hillcrest Church—Neighbor Care Team**..... (360) 424-3006  
1830 S 13th St, Mount Vernon  
Mondays & Fridays, 11am-12pm  
*Toiletries such as soap, shampoo, toothpaste, lotion, toilet paper.*
- Love I.N.C** ..... (360) 419-7061  
Office Hours 9am to 3pm  
*Furniture ministry; clearinghouse ministry—referral to church ministries based on need; Let’s Dress For Your Success—women’s work clothes*
- Resource Center**..... (360) 416-7585  
Community Action of Skagit County 330 Pacific Place, Mount Vernon  
*Emergency help with food, clothes, transportation.*  
*Monday—Friday, 9:30-11:30am, 2-4pm*

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**St. Vincent DePaul Assistance Lines:** Mount Vernon .....1-877-833-7285  
*Sedro-Woolley* .....(360) 757-0128  
*Anacortes* .....(360) 293-9821  
*Referral lines for help with food, gas, clothes, utilities, other basic needs.*

**Salvation Army** .....(360) 293-6682  
3001 R Ave #100, Anacortes  
*Help with basic needs such as food. Anacortes/La Conner residents only.*

**Sea Mar Healthcare for Homeless**.....(360) 542-8899  
1010 East College Way, Mount Vernon  
*Assistance with food and hygiene resources (when funds allow).*

**Children, Youth & Parenting**

**Anacortes ECEAP Preschool** ..... (360) 679-5348  
2201 H Ave, Anacortes  
*A comprehensive family-focused preschool designed for children ages 3-5*

**Brigid Collins Family Support Center** ..... (360) 428-6622  
917 S. 3rd St, Mount Vernon  
*Services aimed at preventing/ending child abuse. Programs include Parenting Academy, Parent-Child Interaction Therapy, Foster Child Program, Kinship Caregiver Support Program.*

**Cascades Job Corps College & Career Academy (ages 16-24)** 1-800-733-5627  
[www.cascades.jobcorps.gov](http://www.cascades.jobcorps.gov)  
*Youth learn career skills, a trade, or earn high school diploma or GED with the goal of moving on to college.*

**Catholic Community Services NW** ..... (360) 856-3054  
614 Peterson Road, Burlington  
*Mental health counseling for children and youth.*

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**Catholic Community Services NW** ..... (360) 856-3054  
614 Peterson Road, Burlington  
*Mental health counseling for children and youth.*

**Volunteer Services Program** (seniors/disabled).....(360) 416-7585  
Community Action of Skagit County  
330 Pacific Place, Mount Vernon  
*Volunteer assistance to help seniors remain in their home.*

**Senior Centers**

*Activities and meals for seniors. Contact center for details and calendar.*  
[www.skagitseniors.org/Home/index.htm](http://www.skagitseniors.org/Home/index.htm)

- ⇒ **Anacortes Senior Center** .....(360) 293-7473  
1701 22nd Street, Anacortes
- ⇒ **Burlington Senior Center** .....(360) 755-0102  
1011 Greenleaf Avenue, Burlington
- ⇒ **Concrete Community Center**.....(360) 416-1376  
45821 Railroad Avenue, Concrete
- ⇒ **Mount Vernon Senior Center** .....(360) 416-1585  
1401 Cleveland Avenue, Mount Vernon
- ⇒ **Sedro Woolley Senior Center** .....(360) 855-1531  
715 Pacific Street, Sedro-Woolley
- ⇒ **Swinomish Senior Center** .....(360) 466-1821  
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17395 Reservation Road, La Conner

**Skagit SHIBA** .....(360) 707-5567  
*Assistance with Medicare enrollment and supplemental insurance plans.*

**Grandparents Raising Grandchildren**.....(360) 856-3054  
*Ongoing support group, parenting re-education and in-home coaching.*

**Meals on Wheels and Senior Lunch Program** .....(360) 416-1500  
*Home delivered meals for seniors (age 60 plus).*

**Northwest Regional Council** .....(360) 428-1301  
301 Valley Mall Way, Suite 100, Mount Vernon [www.nwrcwa.org](http://www.nwrcwa.org)  
*Information and referral for seniors, Medicaid transportation, COPES in-home care services for seniors, referrals for skilled nursing facilities.*

**Samish Elders Program**.....(360) 588-8806  
1618 D. Ave, Anacortes  
*Senior lunch program for elders.*

**Skagit Adult Day Program**  
[www.skagitadulthoodprogram.org](http://www.skagitadulthoodprogram.org)  
*For senior adults who need support and assistance during the day and are still living in a home environment (see below).*

⇒ The Bradford House  
116 North Skagit St, Burlington .....360-755-1235

⇒ The Gentry House  
1208 7th St, Anacortes .....360-293-4466

**Social Security Administration (www.ssa.gov)**.....1-800-772-1213  
710 E College Way, Suite #A, Mount Vernon  
*Apply for Social Security benefits and/or Medicare benefits.*

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**Skagit SHIBA** .....(360) 707-5567  
*Assistance with Medicare enrollment and supplemental insurance plans.*

**Grandparents Raising Grandchildren**.....(360) 856-3054  
*Ongoing support group, parenting re-education and in-home coaching.*

**Meals on Wheels and Senior Lunch Program** .....(360) 416-1500  
*Home delivered meals for seniors (age 60 plus).*

**Northwest Regional Council** .....(360) 428-1301  
301 Valley Mall Way, Suite 100, Mount Vernon [www.nwrcwa.org](http://www.nwrcwa.org)  
*Information and referral for seniors, Medicaid transportation, COPES in-home care services for seniors, referrals for skilled nursing facilities.*

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**Child Care Resource and Referral** .....1-800-446-1114  
Child Care Aware of Washington [www.wa.childcareaware.org](http://www.wa.childcareaware.org)  
*Referrals for providers of child care and resources to help pay for services.*

**Department of Social & Health Services** .....1-877-501-2233  
900 East College Way, Mount Vernon [www.washingtonconnection.org](http://www.washingtonconnection.org)  
*Child Care Subsidy, Child Support Services, Child Protective Services, Temporary Assistance for Needy Families (TANF), Foster Care.*

**Inspire Development Centers** (two locations)

⇒ Mount Vernon.....(360) 428-3993  
*Migrant & Seasonal Head Start, Early Head Start and ECEAP*

⇒ Burlington .....(360) 707-2837  
*Migrant Seasonal Head Start, ECEAP.*

**Emerson Alternative School**.....(360) 336-2681  
227 N. 4th St, Mount Vernon  
*Alternative high school for Mount Vernon and La Conner students.*

**Skagit/Islands Head Start** .....(360) 416-7590  
320 Pacific Place, Mount Vernon  
*Preschool programs and early childhood programs from birth to age 5.*

**Northwest Youth Services**.....(360) 336-1988  
2021 E College Way, Suite 216 , Mount Vernon  
*Transitional and supportive housing for homeless youth age 18-21.*

**Oasis Teen Shelter**.....(360) 419-9058  
125 North Fifth Street, Mount Vernon  
*Shelter for teens age 13-17. Opens at 5:30 pm every night.*

**Skagit Preschool and Resource Center (SPARC)** .....(360) 416-7570  
320 Pacific Place, Mount Vernon  
*Education, therapy, and behavioral programs for special needs children.*

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*Education, therapy, and behavioral programs for special needs children.*

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**Thriving Heart**.....(360) 428-4777  
Program of Pregnancy Choices  
617 W Division Street , Mount Vernon  
*Parenting and life skills classes for the next generation of mothers.*

**Disabilities Resources**

**Canine Companions for Independence** ..... 1-800-572-2275  
www.cci.org For wheelchair users without other barriers.

**Chinook Enterprises** ..... (360) 428-0140  
2026 N Laventure Rd, Mount Vernon  
*Provides hiring assistance, employee screening, training, assessment and follow-up services, primarily for people with disabilities.*

**Center for Independence North Sound** ..... 1-888-482-4839  
114 West Magnolia St, Suite 104, Bellingham .....(360) 393-3890  
*Peer mentoring, support groups, advocacy, independent life skills & more.*

**Community Services for the Blind** ..... 1-800-458-4888  
**Community Services for the Deaf/Hearing Impaired**..... 1-877-301-0006  
**WE State Dept. of Services for the Blind** ..... 1-800-552-7103

**Department of Social and Health Services (DSHS)**..... 1-877-501-2233  
900 East College Way, Mount Vernon www.washingtonconnection.org or dshs.wa.gov  
*Vocational rehab (see below), cash assistance, medical assistance.*  
⇒ Division of Vocational Rehabilitation..... (360) 429-3097  
*Employment and training for persons with disabilities who want to work.*

**Dial-a-Ride Transit (DART)** ..... (360) 757-4433  
*Specialized transport for elderly or persons with disabilities.*

**Swinomish Senior Center** ..... (360) 466-1821  
17395 Reservation Road, La Conner  
*Lunch is served Monday - Thursday from 11-1  
Home delivery is available for home-bound residents*

**Swinomish Counseling Services** ..... (360) 466-7265  
17400 Reservation Rd, La Conner  
*Counseling and psychiatric services to promote mental health wellness.  
Services available Monday through Thursday from 9-5*

**Swinomish Wellness Program** ..... (360) 466-1024  
17337 Reservation Road, La Conner  
*Chemical dependency and problem gambling treatment.*

**Upper Skagit Tribe**

- ⇒ **Chemical Dependency Program** ..... (360) 854-7070
- ⇒ **Employment Services/Tribal TANF Program**..... (360) 854-7130
- ⇒ **Child Development Center** ..... (360) 854-7092  
25782 Coyote Drive, Sedro-Woolley

**Senior Resources**

**Adult Protective Services** ..... 1-866-221-4909  
*To report abuse, abandonment, neglect, self-neglect and financial exploitation of vulnerable adults living in the community and in facilities.*

**CCS Home Care Administration** ..... 1-877-870-1585  
*Homecare workers for seniors/disabled; can provide help with household tasks and shopping.*

**Dept. of Social & Health Services (DSHS)**..... 1-877-501-2233  
900 East College Way, Mount Vernon www.washingtonconnection.org  
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*Cash assistance, Medicare Savings Program, long-term care, disabilities.*



**American Civil Liberties Union** ..... (206) 624-2180  
901 5th Avenue, Seattle, 98194

**Washington State Human Rights Commission** ..... 1-800-233-3247  
www.hum.wa.gov  
*Investigates claims of discrimination and human rights violations.*

**WA Law Help Online**

www.washingtonlawhelp.org/WA/index.cfm  
*Web-based resource to help you find solutions to legal and civil problems.*

**Native American Resources**

**Samish Indian Nation Social Services**.....(360) 899-5282  
1809 Commercial Avenue, Anacortes  
*Housing, social services, food and energy assistance. Some assistance is specifically for Samish members; other programs are for all Native Americans.*

**Samish Early Learning Center and Longhouse**.....(360) 588-8806  
*Head start, Early Learning Center and an Elders program.*

**Swinomish Indian Tribal Community**.....(360) 466-7200  
11404 Moorage Way, LaConner, 98257  
www.swinomish.org  
*A variety of culturally relevant programs that serve Swinomish and other Native Americans.*

**Swinomish Clinics**

**Medical Clinic** .....(360) 466-3167  
7400 Reservation Rd, La Conner

**Dental Clinic**..... (360) 466-3900  
17395 Reservation Road, La Conner  
*Clinics serve all enrolled Native Americans from federally recognized tribes.*

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**Learning Disability Association of WA** .....(425) 882-0820  
*Provides a referral service for individuals with learning disabilities.*

**Parent to Parent Program** .....(360) 416-7570  
320 Pacific Place, Mount Vernon  
*Support group for parents of children with special needs.*

**Samish Vocational Rehabilitation Services**.....1-877-470-8737  
2917 Commercial Ave, Anacortes .....(360) 899-5282  
*Counseling and employment services for disabled Native Americans.*

**Washington Vocational Services**.....(360) 419-0910  
503 E Fairhaven Ave, Burlington  
*Career counseling and vocational training for people with disabilities.*

**Domestic Violence Resources**

**Skagit Domestic Violence and Sexual Assault Services** .....1-888-336-9591  
1521 B Leigh Way, Mount Vernon www.skagitdvsas.org  
*Counseling, crisis intervention, legal advocacy, emergency room assistance, and support groups for adults facing domestic violence.*

**Department of Social & Health Services (DSHS)**.....1-877-501-2233  
900 East College Way, Mount Vernon www.washingtonconnection.org  
or www.dshs.wa.gov  
Adult Protective Services (DSHS).....1-800-487-0416  
Aging and Adult Services Complaint Line .....1-800-562-6078  
Child Protective Services .....(360) 735-7038  
Children and Family Services Division .....1-800-785-5582

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**Family and Friends of Violent Crime Victims** .....1-800-346-7555  
*Support and advocacy for victims of crime and families of missing persons.*

**DV Hot Lines**

Domestic Violence Hotline (Washington) .....1-800-562-6025  
Sexual Assault Hotline.....1-800-656-4673  
Sexual Assault Support Group.....(360) 336-9591  
Washington State Crime Victim Advocacy .....1-800-822-1067

**East Skagit County Resources**

**East County Resource Center** .....(360) 416-1733  
45770 Main Street, Concrete  
Days/Hours: Monday-Friday 9:00 am-3:00 pm  
*Services include: gas, food & clothing vouchers, Adult Education, Teen health clinic, Dept of Licensing services, copying/faxing, Legal Clinic, Mental Health services, veterans services, Chamber of Commerce, WIC, food handler's permits, Dept of Social & Health Services representative.*

**Upper Skagit Library** .....(360) 853-7939  
45770 B Main St, Concrete  
www.upperskagit.lib.wa.us

**Concrete Community Center**.....(360) 416-1376  
45821 Railroad Avenue, Concrete

**East County Food Banks**

*(see Bread of Life, Concrete Food Bank, Hamilton Community Food Bank and Shepherd's Heart in Food Banks section on page 12)*

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**Northwest Immigrant Rights Project** .....1-800-445-5771  
Days/Hours: Mon-Fri 9:30 am - 12:00 pm and 1:00 pm - 4:30 pm  
www.nwirp.org  
*Provides direct legal services for low-income immigrants.*

**Tierra Nueva Family Support Center**.....(360) 755-0768  
102 N Pine Street, Burlington  
Mondays and Wednesdays from 11:00 am to 4:00 pm  
*Emergency clothing and blankets, legal assistance, help with job and housing applications. Services provided in Mixtec, Spanish, and English.*

**Legal Resources**

**CLEAR Legal Services** - low income .....1-888-201-1014  
**CLEAR Legal Services** - over age 60.....1-888-387-7111  
nwjustice.org/get-legal-help  
*Free legal assistance with civil legal problems. Mon-Fri 9:00 am-12:00 pm*

**Northwest Immigrant Rights Project**.....1-800-445-5771  
www.nwirp.org  
*Legal services for low-income immigrants and families.*

**Volunteers of America Dispute Resolution Center**.....(360) 542-8487  
117 N 1st Street, Ste 30, Mount Vernon www.voaww.org  
*Home foreclosure mediation, group facilitation, arbitration, conflict resolution training. Mediation for landlords and tenants.*

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*Confidential shelter program for victims of domestic violence.*

**William J. Shuler Family Development Center** ..... (360) 416-7585  
*Provides shelter and case management for homeless families with children.*

**Emergency Drop-In Shelters** (in order of distance from Mount Vernon)

**Lighthouse Mission** ..... (360) 733-5120  
2111 King St , Bellingham  
*Drop in shelter for homeless men, women and children.*

**Everett Gospel Mission** ..... (425) 740-2500  
*Drop in shelter for homeless men, women and children.*

⇒ **Men:** 3711 Smith Ave, Everett ..... (425) 740-2550

⇒ **Women & Children:** 5126 S 2nd Ave Everett ..... (425) 740-2501

**Immigrant Resources**

**Catholic Immigration Legal Services** ..... (360) 416-7095  
300 S 1st St, Suite C, Mount Vernon  
*Renewal of green cards, adjustment of status, family-based immigration, citizenship, and DACA (Deferred Action for Childhood Arrivals). Call for appointment.*

**English as a Second Language (ESL)**  
*Instruction for non-native speakers of English. Classes emphasize beginning to advanced listening, speaking, reading, writing. See page 9 for locations.*

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**English as a Second Language (ESL)**  
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**Adult Education & Literacy**

**Clearpoint Credit Counseling** ..... 1-800-750-2227  
*Financial and credit education, debt and money-management.*

**English as a Second Language (ESL)**  
*Instruction for non-native speakers of English. Classes emphasize beginning to advanced listening, speaking, reading, writing. Locations below:*

⇒ Community Action of Skagit County ..... (360) 588-5735  
330 Pacific Place, Mount Vernon

⇒ Goodwill ESOL ..... (360) 848-6468  
242 E College Way, Mount Vernon

⇒ Skagit Valley College (ESL) ..... (360) 416-7654  
2405 East College Way, Mount Vernon

**Goodwill Industries** ..... (360) 848-6468  
242 E College Way, Mount Vernon

*Adult Basic Education, English as Second Language, Cashier & cusomter service training, computer classes, Citizenship prep, case management.*

**Plazas Comunitarias** ..... (360) 428-6116  
LaVenture Middle School, 1200 LaVenture Road, Mount Vernon  
*Adult-education courses in Spanish.*

**Community Action of Skagit County** ..... (360) 416-7585  
330 Pacific Place, Mount Vernon  
*Adult Basic Education, English as a Second Language (ESL), High School Equivalency classes (formerly GED).*

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**Skagit Valley College** ..... (360) 416-7600  
2405 East College Way, Mount Vernon www.skagit.edu

- ⇒ Adult Basic Education ..... (360) 416-7806
- ⇒ Career Services Center ..... (360) 416-7630
- ⇒ GED ..... (360) 416-7820
- ⇒ IBEST and BFET ..... (360) 416-7623
- ⇒ Life Transitions Program ..... (360) 416-7044  
*Career exploration and job search for those who have become sole supporters of family due to divorce, disability, or separation.*

**Employment & Job Training**

**Basic Food Employment & Training (BFET)** ..... (360) 416-7948  
*Assists food stamp recipients with obtaining basic education, skills training, support services, and job searching to find employment.*

- ⇒ Community Action of Skagit County ..... (360) 416-7585
- ⇒ Goodwill Job Training & Education Center ..... (360) 848-6468
- ⇒ Skagit Valley College ..... (360) 416-7623

**Cascade Job Corps College and Career Academy** ..... (800) 733-5627  
*See page 4 for description.*

**Chinook Enterprises** ..... (360) 428-0140  
2026 N Laventure Rd, Mount Vernon  
*Provides hiring assistance, employee screening, training, assessment and follow-up services, primarily for people with disabilities.*

**Division of Vocational Rehabilitation** ..... (360) 429-3097  
900 East College Way, Suite 120, Mount Vernon  
*Helps individuals with disabilities become employed.*

**Go Skagit** (Online Job Listings) www.goskagit.com

**Skagit Valley College** ..... (360) 416-7600  
2405 East College Way, Mount Vernon www.skagit.edu

- ⇒ Adult Basic Education ..... (360) 416-7806
- ⇒ Career Services Center ..... (360) 416-7630
- ⇒ GED ..... (360) 416-7820
- ⇒ IBEST and BFET ..... (360) 416-7623
- ⇒ Life Transitions Program ..... (360) 416-7044  
*Career exploration and job search for those who have become sole supporters of family due to divorce, disability, or separation.*

**Employment & Job Training**

**Basic Food Employment & Training (BFET)** ..... (360) 416-7948  
*Assists food stamp recipients with obtaining basic education, skills training, support services, and job searching to find employment.*

- ⇒ Community Action of Skagit County ..... (360) 416-7585
- ⇒ Goodwill Job Training & Education Center ..... (360) 848-6468
- ⇒ Skagit Valley College ..... (360) 416-7623

**Cascade Job Corps College and Career Academy** ..... (800) 733-5627  
*See page 4 for description.*

**Chinook Enterprises** ..... (360) 428-0140  
2026 N Laventure Rd, Mount Vernon  
*Provides hiring assistance, employee screening, training, assessment and follow-up services, primarily for people with disabilities.*

**Division of Vocational Rehabilitation** ..... (360) 429-3097  
900 East College Way, Suite 120, Mount Vernon  
*Helps individuals with disabilities become employed.*

**Go Skagit** (Online Job Listings) www.goskagit.com

**Programs for People Experiencing Homelessness**

**Housing Resource Center** ..... (360) 416-7585  
Community Action of Skagit County  
330 Pacific Place, Mount Vernon  
Days/Hours: 10:00 am-3:00 pm Mon, Tues, Thurs, Fri  
*Coordinated intake and screening for housing assistance in Skagit County.*

**Northwest Youth Services** ..... (360) 336-1988  
2021 E College Way, Suite 216, Mount Vernon  
*Transitional and supportive housing for homeless youth 18-21.*

**Shelters**

**Winter Overnight Shelter (December-March)**  
1002 S 3rd St., Mount Vernon  
*Overnight shelter open on a first-come first-serve basis. Guests check in at Friendship House Admin office from 5:00PM-6:00PM*

**Anacortes Family Center** ..... (360) 293-2993  
1011 27th St, Anacortes  
*Provides shelter for homeless families with children and single women.*

**Family Promise of Skagit Valley** ..... (360) 854-0743  
*Overnight shelter that rotates among churches in the county. Also have a day center with laundry and showers. familypromiseskagit.weebly.com/*

**Friendship House—Men's Shelter** ..... (360) 336-2135  
1008 South 3rd Street., Mount Vernon  
*Provides shelter for homeless men.*

**Friendship House—Women and Children** ..... (360) 336-2418  
922 South 3rd Street, Mount Vernon  
*Provides emergency shelter for single women and women with children.*

**Programs for People Experiencing Homelessness**

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922 South 3rd Street, Mount Vernon  
*Provides emergency shelter for single women and women with children.*

## Housing

### **Affordable Housing Programs**

- Skagit Habitat for Humanity**.....(360) 428-9402  
1022 Riverside Drive, Mount Vernon  
*Builds safe, affordable, permanent houses with families in need.*
- Home Trust of Skagit** .....(360) 428-0014  
612 South First St, Mount Vernon  
*Helps low-income families secure affordable homes.*
- Skagit County and Whatcom County Self Housing** .....1-888-360-0223

### **Disaster-Related Assistance**

- American Red Cross Northwest Region** .....(360) 733-3290  
*Disaster-related assistance (includes house fires, floods), health & safety training, disaster preparation services.*

### **Housing Authorities**

*Section 8, Subsidized housing programs for low-income households.*

- ⇒ **Anacortes Housing Authority** .....(360) 293-7831  
719 Q Avenue , Anacortes  
<http://www.anacorteshousing.com>
- ⇒ **Housing Authority of Skagit County**.....(360) 428-1959  
1650 Port Drive, Burlington  
<http://www.skagitcountyha.org>
- ⇒ **Sedro-Woolley Housing Authority** .....(360) 826-5320  
830 Township St, Sedro-Woolley  
<http://www.sedrowoolleyha.org/housing>

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- ⇒ **Sedro-Woolley Housing Authority** .....(360) 826-5320  
830 Township St, Sedro-Woolley  
<http://www.sedrowoolleyha.org/housing>

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- Goodwill—Mount Vernon Job Training & Education**.....(360) 848-6468  
242 E College Way, Mount Vernon  
*Career services, cashier training, and computer training.*

- Hunger to Hope Job Training Program** .....(360) 873-8022  
Program of Friendship House  
*Free 12-week kitchen apprenticeship certification program. Application and interview required. Participation limited to 8 apprentices.*

- OIC of Washington** ..... (360) 416-3521 or (360) 416-3527  
2005 E College Way, Mount Vernon  
*Services for low-income agricultural workers including job referral/ placement, career planning, educational assessments, vocational training and work experience.*

- Washington Vocational Services** ..... (360) 419-0910  
503 E Fairhaven Ave, Burlington [www.wvs.org](http://www.wvs.org)  
*Career counseling, vocational rehab, and services for disabled persons.*

- WorkSource Skagit**.....(360) 416-3600  
2005 East College Way, Mount Vernon  
[www.fortress.wa.gov/esd/worksource/Employment.aspx](http://www.fortress.wa.gov/esd/worksource/Employment.aspx)  
*Job search and career planning workshops, resume reviews, interview help.*

### **Temporary and Day Labor Agencies**

- ⇒ **LaborMAX Staffing**.....360-755-1281  
241 Burlington Blvd. S, Burlington [www.labormax.net](http://www.labormax.net)
- ⇒ **Labor Ready**.....(360) 424-3205  
2222 Riverside Drive, Mount Vernon
- ⇒ **Command Center** .....(360) 336-9993  
720 West Division St, Mount Vernon
- ⇒ **Express Employment Professionals** .....(360) 336-1980  
1806 Riverside Drive, Mount Vernon
- ⇒ **Human Resources, Inc**.....(360) 424-7134  
2124 Riverside Drive, Mount Vernon

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242 E College Way, Mount Vernon  
*Career services, cashier training, and computer training.*

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2124 Riverside Drive, Mount Vernon

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Food Resources

**Food Banks**

- Alger Food Bank** ..... (360) 724-5131  
18731 Parkview Lane, Alger  
Distribution: 1st & 3rd Tuesdays, 10:00 am to 2:00 pm
- Anacortes 100 Food Bank** .....(360) 293-6445  
512 4th Street, Anacortes  
For Anacortes and La Conner residents only  
Distribution: Tuesdays & Fridays 10:00 am - 2:00 pm
- Bread of Life Food Bank** .....(360) 873-2504  
59850 Hwy 20, Marblemount  
Distribution: 1st & 3rd Wednesdays, 11:00 am - 5:00 pm
- Community Covenant Food Bank** .....(360) 419-7061  
Clear Lake. Call Love INC for referral or appointment.
- Concrete Food Bank** .....(360) 853-8505  
45770 Main Street, Concrete  
Distribution: May thru September: 2nd & 4th Tuesdays, 12:00 pm-3:00 pm  
October thru April: 2nd, 3rd and 4th Tuesdays 12:00 pm-3:00 pm
- Hamilton Community Food Bank** .....(360) 826-4090  
951 Petit St., Hamilton  
Distribution: Tuesdays 11:00 am -12:00 pm & 1:00 pm-3:00 pm
- Helping Hands Food Bank** .....(360) 856-2211  
9386 Fruitdale Rd, Sedro-Woolley  
Distribution: Mon. & Wed. 9am-1pm, Thurs. 12pm-5pm, Fri. 5pm-7pm

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**Catholic Community Services NW**.....(360) 856-3054  
614 Peterson Road, Burlington  
*Mental health counseling for children and youth.*

**Compass Health** ..... (360) 419-3500  
1005 South 3rd Street, Mount Vernon  
*Mental health counseling and psychiatric services for adults and children*  
⇒ For persons with Washington Apple Health .....1-888-693-7200  
⇒ For persons with other insurance or with questions ....(425) 349-8200  
⇒ **Crisis Prevention & Intervention Teams** .....(360) 419-3640  
*Crisis intervention and prevention for mental health and chemical dependency situations.*

**Sea Mar CHC - Mount Vernon Behavioral Health Center**....(360) 542-8920  
1010 East College Way, Suite 100, Mount Vernon  
*Assessments, medication assessments, family/group therapy.*

**Skagit Valley REACH Center** .....(360) 873-8635  
1413 E College Way , Mount Vernon  
*Employment support , self-help classes, recovery groups, computer access, social activities.*

**Sunrise Behavioral Health Services**.....(360) 336-3762  
2500 East College Way, Mount Vernon  
*Recovery-oriented services for those living with mental illness.*

**Sunrise Behavioral Health Services**.....(360) 899-4800  
10212 Collins Rd, Sedro-Woolley  
*Outpatient mental health and dual disorder counseling and psychiatric services for adults.*

**Sunrise Behavioral Health Services**.....(360) 630-5430  
44942 State Route 20, Concrete  
*Outpatient mental health and dual disorder counseling and psychiatric services for adults.*

**Catholic Community Services NW**.....(360) 856-3054  
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## Information & Referral

**Northsound 211**.....Dial 211 or 1-800-223-8145  
Volunteers of America Western Washington [www.voaww.org/211](http://www.voaww.org/211)  
*Statewide Information and referral by phone plus an online database.*

### Libraries

*Public libraries offer a variety of services including access to newspapers, magazines, books, CDs, movies, internet, free workshops, children's learning activities and more.*

- ⇒ Anacortes Public Library .....(360) 293-1910  
1220 10th St, Anacortes [www.cityofanacortes.org/library\\_1.php](http://www.cityofanacortes.org/library_1.php)
- ⇒ Burlington Public Library .....(360) 755-0760  
820 East Washington Ave, Burlington [www.burlingtonwa.gov/library](http://www.burlingtonwa.gov/library)
- ⇒ Central Skagit Library .....(360) 755-3985  
100 W State St, Suite C, Sedro-Woolley [www.centralskagitlibrary.org](http://www.centralskagitlibrary.org)
- ⇒ La Conner Regional Library .....(360) 466-3352  
614 Morris, La Conner [www.lclib.lib.wa.us](http://www.lclib.lib.wa.us)
- ⇒ Mount Vernon City Library.....(360) 336-6209  
315 Snoqualmie St, Mount Vernon [www.mountvernonwa.gov/library](http://www.mountvernonwa.gov/library)
- ⇒ Sedro-Woolley Public Library.....(360) 855-1166  
802 Ball St, Sedro-Woolley [www.youseemore.com/sedro-woolley](http://www.youseemore.com/sedro-woolley)
- ⇒ Upper Skagit Library.....(360) 853-7939  
45770 B Main St, Concrete [www.upperskagit.lib.wa.us](http://www.upperskagit.lib.wa.us)

### Mental Health

**Behavioral Health Ombuds Program** .....1-888-336-6164  
*Advocates for anyone applying for or receiving publicly funded behavioral health service in Skagit, Whatcom, Snohomish, Island, and San Juan counties.*

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- ⇒ Central Skagit Library .....(360) 755-3985  
100 W State St, Suite C, Sedro-Woolley [www.centralskagitlibrary.org](http://www.centralskagitlibrary.org)
- ⇒ La Conner Regional Library .....(360) 466-3352  
614 Morris, La Conner [www.lclib.lib.wa.us](http://www.lclib.lib.wa.us)
- ⇒ Mount Vernon City Library.....(360) 336-6209  
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- ⇒ Sedro-Woolley Public Library.....(360) 855-1166  
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**La Conner Sunrise Food Bank**.....(360) 488-3878  
601 South 2nd, La Conner  
Distribution: Mondays 2:00 pm-3:00 pm & 5:00 pm-6:00 pm

**Neighbors In Need** .....(360) 420-0558  
1615 South 2nd Street, Mount Vernon  
Distribution: Tuesdays 1:00 pm-6:00 pm

**Salvation Army Food Bank** .....(360) 293-6682  
3001 R Drive, #100, Anacortes  
For Anacortes and LaConner residents only  
Distribution: Mondays and Wednesdays 1:00 pm-3:45 pm

**St. Vincent DePaul Food Bank** .....(360) 293-9821  
4001 St. Mary's Drive, Anacortes  
Distribution: Fridays, 10:00 am -11:00 am—bring photo ID

**Tri-Parish Food Bank** .....(360) 757-0128  
935 Peterson Road, Burlington  
Distribution: June thru August, Wednesdays 2:00 pm-6:00 pm  
September thru May, Saturdays 1:00 pm-3:00 pm

### **Meal Programs By Town/Community**

#### **Anacortes**

**The Kitchen Table**.....(360) 293-5300  
Anacortes First Baptist Church  
2717 J Ave, Anacortes  
Thursdays, 5:30 pm-7:00 pm

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**La Conner Sunrise Food Bank**.....(360) 488-3878  
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1615 South 2nd Street, Mount Vernon  
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**Dinner at the Brick** ..... (360) 293-3880  
Westminster Presbyterian Church  
1300 Ninth Street, Anacortes  
*Dinners on Sunday from 4:30 pm-5:00 pm*

**Spaghetti Dinner** ..... (360) 293-0604  
United Methodist Church  
2201 H Avenue, Anacortes  
*Every 3rd Thursday, from 5:00 pm - 7:00 pm*

**Burlington**

**CTK Skagit** ..... (833) 285-7548  
1000 Fountain Street, Burlington  
*Community breakfast on Sundays from 8:30 – 11 am (between services)*

**Mount Vernon**

**Friendship House Café** ..... (360) 873-8022  
108 Snoqualmie St, Mount Vernon  
As of 9/1/2018, Friendship House will not be serving breakfast or lunch

Sunday through Saturday  
Dinner 5:30 pm-6:30 pm

**Reverie Community Meals**..... (360) 419-8227  
New Life at the Well  
123 Evergreen Street, Mount Vernon  
*Dinners last five calendar days of the month, 5:30 pm to 7:30 pm*

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**Lifelong**..... (360) 932-3420  
115 Unity St., Suite 302, Bellingham  
M-TH: 9:00am-5:00pm  
*Case management services for individuals living with HIV/AIDS as well as free testing. Services available in Skagit.*

**SHIBA Statewide Health Insurance Benefits Advisors** ..... (360) 707-5567  
*Assistance navigating Medicare A & B and supplemental plans, explanation of benefits, and open-enrollment questions.*

**Dental**

**Community Health Center – Arlington Clinic** ..... (360) 572-5400  
326 S. Stillaguamish Ave, Arlington  
M-TH 7-7:00pm, F-Sat 7 – 5:30pm

**Swinomish Dental Clinic** ..... (425) 466-3900  
Swinomish Tribal Members and family only  
17395 Reservation Rd., La Conner

**Sea Mar CHC - Mount Vernon Dental Clinic** ..... (360) 542-8901  
1400 N LaVenture, Mount Vernon  
Hours Mon-Sat 8:00 am-5:00 pm; Saturdays (Pediatrics) 8:00 am-5:00 pm  
*Full service for children, adults with private health insurance or self pay.*

**Veteran’s Dental Van Program**..... (360) 416-7585  
Community Action of Skagit County  
330 Pacific Pl, Mount Vernon  
*Provides mobile dental services for low-income veterans.*

**Other Health Resources**

**Pregnancy Choices** ..... (360) 428-4777  
617 West Division St, Mount Vernon  
*Free pregnancy testing, options education, limited ultrasound, and educational support services with material assistance.*

**Women, Infants and Children (WIC)**  
*Health information and screening, vouchers for WIC-approved foods. See WIC heading under Food Resources on page 15 for WIC locations.* 19

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*Free pregnancy testing, options education, limited ultrasound, and educational support services with material assistance.*

**Women, Infants and Children (WIC)**  
*Health information and screening, vouchers for WIC-approved foods. See WIC heading under Food Resources on page 15 for WIC locations.* 19



- ⇒ Skagit Valley Hospital – main campus ..... (360) 428-2500  
1400 East Kincaid Street, Mount Vernon
- ⇒ United General ..... (360) 856-7318  
2000 Hospital Drive, Sedro-Woolley

Health Insurance and Medical Coverage

**Apple Health for Kids, Adults and Families (ages 0-64)**

*Free health insurance for individuals or families under 135% of the federal poverty level. See In-Person Assister sites for help applying or go to Washington Health Plan Finder [www.wahealthplanfinder.org](http://www.wahealthplanfinder.org).*

**In-Person Assister (IPA) or Enrollment Navigators**

*In-person assistance with enrollment in Apple Health (Medicaid) and Health Insurance Premium Tax Credits through the Health Benefits Exchange.*

- ⇒ Island Hospital ..... (360) 299-1300
- ⇒ Mt. Baker Planned Parenthood .....(360) 848-1744 ext 3822
- ⇒ Sea Mar Community Health Centers ..... 1-855-289-4503
- ⇒ Skagit Valley Hospital ..... (360) 428-2613

**Washington Health Plan Finder** ..... 1-855-923-4633  
[www.wahealthplanfinder.org](http://www.wahealthplanfinder.org)

*Website for individuals and families in Washington State to compare and enroll in Medicaid or Health Insurance Premium Tax Credits.*

**Department of Social & Health Services (DSHS)** ..... 1-877-501-2233

900 East College Way, Mount Vernon [www.washingtonconnection.org](http://www.washingtonconnection.org) or [www.dshs.wa.gov](http://www.dshs.wa.gov)

*SSI-related medical; Medicare savings program; Aged, Blind and Disabled Medical Program; Medical spend down; Health Care for Workers with Disabilities (HCWD).*

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*SSI-related medical; Medicare savings program; Aged, Blind and Disabled Medical Program; Medical spend down; Health Care for Workers with Disabilities (HCWD).*

**Sedro-Woolley**

**Open Door Community Kitchen** ..... (360) 856-6412  
1013 Polte Rd, Sedro-Woolley  
*Dinners last full week of the month (Mon-Fri) 5:00 pm-6:00 pm*

**Concrete**

**Concrete Community Center** ..... (360) 416-1376  
45821 Railroad Avenue, Concrete  
*Monday-Friday: Lunch 12:00 pm-1:00 pm*

**Meal Delivery**

**Meals on Wheels and Senior Lunch Program** ..... (360) 416-1500  
*Home-delivered meals for seniors (60+).*

**Women, Infants and Children (WIC) — multiple locations**

*Provides checks for nutritious foods for women who are pregnant, breastfeeding or have children up to age 5.*

- ⇒ **Anacortes WIC** ..... (360) 416-7595  
2601 M Ave, Anacortes
- ⇒ **Concrete WIC Clinic** ..... (360) 854-0435  
45770 Main Street, Concrete
- ⇒ **Community Action of Skagit County** ..... (360) 416-7595  
330 Pacific Place, Mount Vernon
- ⇒ **Swinomish Health Clinic WIC** ..... (360) 466-3167  
17400 Reservation Rd, LaConner  
*Serves Native American tribal members only*
- ⇒ **United General WIC** ..... (360) 854-0435  
2031 Hospital Drive, Sedro-Woolley

**Senior Centers** ([See listing under Seniors on page 29](#)).

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**Senior Centers** ([See listing under Seniors on page 29](#)).

**Other Food Resources**

- Washington Basic Food (SNAP)** ..... 1-877-501-2233  
Department of Social and Health Services  
900 East College Way, Mount Vernon www.washingtonconnection.org  
*Supplemental Nutrition Assistance Program or Food Stamps. Benefits for low-income people to buy food at the grocery store.*
- Basic Food Education & Assistance** ..... (360) 416-7585  
Community Action of Skagit County  
330 Pacific Place, Mount Vernon  
*Assistance with applications & eligibility reviews for Basic Food or SNAP.*
- Skagit Gleaners**..... (360) 848-1045  
1021 Riverside Drive, Mount Vernon www.skagitgleaners.org  
*Reclaims food products for distribution to families. Membership fee.*

**Health Resources**

**Health Clinics**

- Unity Care** .....1-877-235-6850  
220 Unity Street, Bellingham  
*Provides medical, dental, pharmacy and mental health services .  
Sliding-scale clinic for those w/out insurance. Accepts Apple Health*
- Mt Baker Planned Parenthood** .....(360) 848-1744  
1805 E Division Street, Mount Vernon  
*Provides reproductive health care services for men and women. Also provides hormone therapy and other services specific to transgender persons.*

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- Safe Harbor Free Clinic**..... (425) 870-7384  
7209 265th St NW #203, Stanwood www.safeharborfreeclinic.org  
*Free medical clinic. Chronic care, women’s health, podiatry and walk-in service. Call for days/hours.*
- Sea Mar – Skagit Valley Women’s Center** .....(360) 588-5570  
125 N 8th St, Mount Vernon  
Days/Hours: Mon-Fri 10:00 am-7:00 pm; Saturdays 8:00 am-5:00 pm
- Sea Mar CHC - Mount Vernon Medical Clinic**.....(360) 428-4075  
1400 N. Laventure, Mount Vernon  
Days/Hours: Mondays 8:00 am-7:00 pm; Tues-Fri 8:00 am-5:00 pm  
Sliding Scale available  
*Family medicine, OBGYN specialty care, immunizations, urgent care.*
- Sea Mar CHC - Concrete Medical Clinic** .....(360) 853-8183  
7438 South D Avenue, Concrete  
Days/Hours: Mon, Wed, Thu, Fri 8:00 am-5:00 pm; Tues 9:00 am-6:00 pm  
Sliding Scale available  
*Family medicine, immunizations, urgent care.*
- Lions Club (Burlington)**.....(360) 770-9096  
Mt. Vernon (360) 540-0225 Sedro-Woolley (360) 770-8179  
*Provides glasses and hearing aids to those who cannot afford them.  
website with form to request contact is http://www.mtvilions.org*
- Skagit County Public Health** ..... (360) 416-1500  
700 South 2nd St, Suite 301, Mount Vernon  
*Food handlers permits, restaurant permits, birth/death certificates, Nurse Family Partnership.*

**Hospitals**

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1211 24th Street, Anacortes

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